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Culinary Autumn in Serfaus-Fiss-Ladis

03.09.2023 – 22.10.2023

What could be a better time for experiencing delightful culinary moments than autumn? The forests are aglow with colour, leaves are falling off the trees and mushrooms sprout from the moss. Once the colourful season sets in, culinary pleasures are at the centre of attention. 2023 Culinary Autumn's theme will be: mushrooms. For more info, see p. 9.



Golden Fine Arts Festival.

Wednesday, 18.10.2023 – Friday, 20.10.2023

Greet the golden autumn at the Golden Fine Arts Festival and discover this majestic, multi-faceted time of the year. This Festival offers a wonderful combination of Culinary, musical, and artistic delights. Listen to the wonderful sound of music ringing through the mountains and enjoy spending time with other music enthusiasts.

For more info, see p. 10-11.



Music in the mountains

Sunday, 15.10.2023

1pm Live music with „Die Stuanbriggler“ at the Leithe Wirt restaurant in Serfaus.

Sunday, 22.10.2023

11am Morning pint with „Obergrichtler Tanzl-musi“ at the BergDiamant restaurant in Fiss.

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PERSONAL
HOLIDAY COMPANION
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WEEKLY PROGRAMME.

14.10.2023 – 22.10.2023

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SERFAUS. Murmli-Club Programme.

14.10.2023 – 22.10.2023

Meeting point for all activities is the Murmli-Club at the Komperdellbahn bottom station above the Murmli Crèche.

Subject to change!

Care Times Murmli-Club (In case of bad weather an alternative programme is organised):

Monday - Friday: 10am - 12.30pm & 1.30pm - 4pm

Midday supervision: Monday - Friday: 12.30 noon - 1.30pm. Bring along: food and drinks.

Important: Only potty-trained kids can be supervised.

Groups: KIDS (3 - 5 years), JUNIORS (6 - 8 years), CHILLERS (from 9 years)

Registration from Monday to Friday from 9am to 4pm on Tel. +43/664/4245085. No registration possible on Saturday.

MONDAY, 16.10.2023

KIDS, JUNIORS

10am - 12.30pm Welcome party with Murmli - Bring along: * . Registration: ¹

We would like to welcome you all to the Murmliclub. With fun games, bouncy castle, face painting, glitter tattoos, delicious cocktails & popcorn, balloons, dancing and music you will get to know us and the Murmli-Club.

1.30pm - 4pm Climber "KIDS & JUNIORS" aim high - Bring along: * . Registration: ¹

Let's put on our climbing harness and go up our new climbing tower. Of course our mountain guide Kurt will ensure our safety. Who can reach the top? (Limited number of participants)

CHILLERS

10am - 12.30pm Graffiti Street Art - Bring along: * . Registration: ¹

You are a fan of graffiti and would like to create your own graffiti? We will allow you to create your very own and individual graffiti and at the end of the day you can even take it home. Costs: € 9.

TUESDAY, 17.10.2023

KIDS, JUNIORS

10am - 12.30pm Off to the Wilderness (Indian Day) - Bring along: * . Registration: ¹

Through games, fun and creativity we will learn about the way of life of the Indians. At the beginning we will make Indian jewellery and make up as Indians. Afterwards we will go on an adventure and search for the treasure of Indian Eagle Eye.

1.30pm - 4pm An exciting Disney day - Bring along: * . Registration: ¹

In the forest with lots of great games and Disney bingo. For a nice memory we will make something beautiful from Disney. Maybe at the end of the day you will look like a real princess, a pirate or Mickey Mouse?

CHILLERS

9.30am - 4pm Climbing on the rock - Bring along: * . Registration: ¹ (Limited number of participants)

Today we climb up high! Who is able to climb up to the top and enjoy the view to Serfaus?

WEDNESDAY, 18.10.2023

KIDS, JUNIORS

10am - 12.30pm Murmli's Baking Studio - Bring along: * . Registration: ¹

Who doesn't like baking cookies? Everyone, of course. Together we bake and decorate our delicious cookies which we then take home or we simply eat them all ourselves. Costs: € 6.

1.30pm - 4pm On the road with Stoffl Strudelwurm - Bring along: * . Registration: ¹

It's summer in the Tyrolean mountains. Lukas and Anna are playing by the stream. But suddenly they hear a voice. Who is speaking? When they discover Stoffl, a small brown-grey strudel worm, on a stone, they are amazed. They didn't know that strudel worms existed. Together they discover the Tyrolean stream with magnifying glasses, sieves and spoons.

CHILLERS

10am - 4pm Forest Rope Park X-Trees - Bring along: * . Registration: ¹

You can try out a discovery tour from tree to tree. In a height of up to 14 metres above the ground we climb, crawl or even balance our way across obstacles such as the Spider Net or the Indiana Jones Bridge. Finally we get back to the ground by flying with the Flying Fox. Price: € 18,50. Bring along: drinks, food, sturdy shoes, rain jacket. Registration until Tuesday 4.30pm on Tel. +43/664/4245085.

THURSDAY, 19.10.2023

KIDS, JUNIORS

10am - 4pm A visit to the wildlife enclosure - Bring along: * . Registration: ¹

Have you ever fed a deer? No, you can experience this and much more today on our forest animal day. Afterwards we will have a tasty snack before before we continue to Ladis. There you can play at the playground for a while before returning to the children's club by the cable car and Flotte Berta. Costs: € 4.

CHILLERS

9.30am - 4pm Survival Camp with archery - Bring along: * . Registration: ¹

Together we go for new adventures and master various tasks so that we can achieve the goal together. Who is best at using a bow and arrow? Who is best at hit the 3D animals? Costs: € 12.

SERFAUS. Murmli-Club Programme.

14.10.2023 – 22.10.2023

FRIDAY, 20.10.2023

KIDS, JUNIORS & CHILLERS

10am - 12.30pm Creative Workshop - Bring along: * . Registration: ¹
Gluing, crafting, cutting. Today we let our imagination run wild.

KIDS, JUNIORS

1.30pm - 4pm Hei Ho we are the pirates - Bring along: * . Registration: ¹
Together disguised as pirates, we're going on a gold hunt today. With your help we hope to find the gold treasure of pirate „Goldbär“.

Please note that the kids are only allowed to participate the programme with the listed equipment and registration.

* **Bring along: food, drinks, rain jacket, sturdy shoes, lift ticket.**

¹ **Registration necessary until the day before (Sunday - Thursday), 4.30pm on tel. +43/664/4245085.**

Murmli Crèche

Toddler care for 1- to 2-year olds at the Murmli Crèche on request until the day before at 4.30pm on Tel.: +43/664/4245085.
Prices per hour: € 14. 1 day: € 70. Bring along: Food and drinks for lunch.

painting pattern Murmli.



MURMLI & BERTA

painting patterns for
download, games, etc.



On our kids website:
www.murmli-berta.at/en

FISS. Mini&Maxi Club Programme.

14.10.2023 – 22.10.2023

Meeting point Fiss: Mini&Maxi Club at the bottom station of the Schönjochbahn underneath Bertas Kindergarten.

Meeting point Ladis: There is **NO** transfer from Ladis to Fiss. We ask you to bring the children to the Mini&Maxi Club in Fiss and pick them up again.

Care Times Mini&Maxi Club (in any weather – in case of bad weather there is an alternative programme):

Monday – Friday: 9.35am - 12noon & 1.30pm - 4pm | Midday supervision: Monday – Friday: 12noon - 1.30pm Bring along Food and Drinks.

Important: Only potty-trained kids can be supervised.

Groups: KIDS (3 - 5 years), JUNIORS (6 - 8 years), CHILLERS (from 9 years)

Registration from Monday to Friday from 9am to 4.30pm on Tel. +43/664/4245085. No registration possible on Saturday.

Subject to change!

MONDAY, 16.10.2023

KIDS, JUNIORS

9.35am - 12noon Berta workshop - Bring along: * . Registration: ¹

Together with or without your parents, you can build the Berta-Mobile, a Berta clock or or this year NEW Berta money box, Berta bouncer, Berta coat hanger. You will certainly be able to go for a ride on the „Flotten Berta“. Contribution towards costs!

1.30pm - 4pm Climber “Kids & Juniors” aim high - Bring along: * . Registration: ¹

Let's put on our climbing harness and go up our new climbing tower. Of course our mountain guide Kurt will ensure our safety. Who can reach the top? (Limited number of participants)

CHILLERS

9.35am - 12noon Graffiti Street Art - Bring along: * . Registration: ¹

You are a fan of graffiti and would like to create your own graffiti? We will allow you to create your very own and individual graffiti and at the end of the day you can even take it home. Costs: € 9.

Meeting point: in Serfaus at the Murmli-Club

TUESDAY, 17.10.2023

KIDS, JUNIORS

9.35am - 12noon „In search of traces - Indian Day“ - Bring along: * . Registration: ¹

Today we will go on an exciting search for Indian tracks. Dressed up as Indians and decorated with our self-made Indian-necklace, we set off. We will look for Indian tracks so that we can find the right way to the Indian village.

1.30pm - 4pm Children's Olympics - Bring along: * . Registration: ¹

Collect points with your team and complete the tricky tasks! Did you manage it all? Then collect your well-deserved medal for bravery at the end.

CHILLERS

9.30am - 4pm Climbing on the rock - Bring along: * . Registration: ¹ (Limited number of participants)

Today we climb up high! Who is able to climb up to the top and enjoy the view to Serfaus?

Meeting point: in Serfaus at the Murmli-Club

WEDNESDAY, 18.10.2023

KIDS, JUNIORS

9.35am - 12noon Forest detectives - Bring along: * . Registration: ¹

Let's go to the Fisser forest. We discover and explore the forest. In search of various objects we try to solve the tricky detective puzzle.

1.30pm -4pm Berta's Pizzeria- Bring along: * . Registration: ¹

Today at the Mini&Maxi Club - pizza is being made, come along and bake your own pizza. Costs: €7

CHILLERS

9.30am - 4pm Forest Rope Park X-Trees - Bring along: * . Registration: ¹

You can try out a discovery tour from tree to tree. In a height of up to 14 metres above the ground we climb, crawl or even balance our way across obstacles such as the Spider Net or the Indiana Jones Bridge. Finally we get back to the ground by flying with the Flying Fox. Price: € 18,50. Bring along: drinks, food, sturdy shoes, rain jacket. Registration until Tuesday 4.30pm on Tel. +43/664/4245085. Meeting point: in Serfaus at the Murmli-Club

THURSDAY, 19.10.2023

KIDS, JUNIORS

9.35am - 4pm A visit to the wildlife enclosure - Bring along: * . Registration: ¹

Have you ever fed a deer? No, you can experience this and much more today on our forest animal day. Afterwards we will have a tasty snack before before we continue to Ladis. There you can play at the playground for a while before returning to the children's club by the cable car and Flotte Berta. Costs: € 4.

CHILLERS

9.30am - 4pm Survival Camp with archery - Bring along: * . Registration: ¹

Together we go for new adventures and master various tasks so that we can achieve the goal together. Who is best at using a bow and arrow? Who is best at hit the 3D animals? Costs: € 12.

Meeting point: in Serfaus at the Murmli-Club

FISS. Mini&Maxi Club Programme.

14.10.2023 – 22.10.2023

FRIDAY, 20.10.2023

KIDS & JUNIORS

9.35am - 12noon Let's go to the magic forest - Bring along: * . Registration: ¹

Come along and playfully discover the forest: forest long-jump, forest marble run, we take pictures of the forest and play a lot of other games. Meeting point & Pick up in the afternoon at the mid-station Sonnenbahn playground.

1.30pm - 4pm In the footsteps of the pirates - Bring along: * . Registration: 1

Today the pirates are going out to sea with us! We will start with our self-made boats. Who knows, maybe we will find the pirate treasure too.

CHILLERS

10am - 12.30pm Creative Workshop - Bring along: * . Registration: ¹

Gluing, crafting, cutting. Today we let our imagination run wild.

Meeting point: in Serfaus at the Murmli-Club

NEW: Packed lunches available at the Mini&Maxi Club for € 9.90. Advance booking by 4pm the day before is essential.

Please note that the kids are only allowed to participate the programme with the listed equipment and registration.

* **Bring along: food, drinks, rain jacket, sturdy shoes, lift ticket.**

¹ **Registration necessary until the day before (Sunday - Thursday), 4.30pm on tel. +43/664/4245085.**

painting pattern Berta.

MURMLI & BERTA

painting patterns for
download, games, etc.

On our kids website:
www.murml-berta.at/en



SERFAUS-FISS-LADIS. Hiking Programme.

14.10.2023 – 22.10.2023

(x) = Registration up to the day before at 4.30pm at the Info Office Serfaus, Fiss or Ladis.

Subject to change!

For further hiking information please contact our hiking guides

Hiking guide Serfaus: tel. +43/676/842927222 | Mountain guide Fiss: Alpine School Fiss-Ladis, tel. +43/664/9119149

Mountain guide Serfaus: Kurt, (Via ferrata & climbing course) Tel. +43/664/4018924, until 8pm.

MONDAY, 16.10.2023

SERFAUS

Taster climbing for children with the children's clubs - Registration required (further info on p. 2 or 4).

TUESDAY, 17.10.2023

SERFAUS

Fisser High-Level Hike – Frommesgipfel (x) – Minimum of 3 participants.

walking time: about 5.5 h | ascent: 600 metres altitude | descent: 800 metres altitude

meeting point: 9.15 am at Komperdell bottom station with hiking guide.

Taster climbing for children with the children's clubs - Registration required (further info on p. 2 or 4).

Climbing course for families at the Climbing Garden Rappenwand - Registration and info on Tel. +43/664/4018924.

WEDNESDAY, 18.10.2023

SERFAUS

Mountain Tour to the Furgler 3004 m – Minimum of 3 to maximum of 10 participants.

walking time: around 6 h | price: € 15 / person | Warm clothing, good basic fitness, sturdy shoes and surefootedness

required. meeting point: 8.30 am Seilbahn Komperdell bottom station.

THURSDAY, 19.10.2023

SERFAUS

e-Bike & Hike to the Hexenkopf (3035m) (x) – Minimum of 3 maximum of 10 participants.

Warm clothing, good basic fitness, sturdy shoes and surefootedness required.

meeting point: 8.30am at the bottom station Komperdell. Further information on Tel. +43/664/4018924.

Lakes Hiking Tour Furglersee – Blankaseen (x)

Starting from Komperdell over the meadows of Kerb, on old pilgrimage paths we reach the lake Furglersee and later on the plateau the lakes Blankaseen.

walking time: 5 - 5.5 h | ascent: 660 metres altitude | descent: 660 metres altitude

meeting point: 9.15 am Seilbahn Komperdell bottom station

FRIDAY, 20.10.2023

SERFAUS

Via ferrata for beginners and advanced in Ladis or climbing course for families

Registration and further information on Tel. +43/664/4018924.

Informations about all hiking trails you can find in our hiking guide incl. a detailed hiking map.

Get our hiking pass to earn a hiking medal.

Available in all information offices.



SERFAUS-FISS-LADIS. Bike School.

14.10.2023 – 22.10.2023

Meeting point: Bike School Serfaus-Fiss-Ladis, Fisser Straße 50, 6533 Fiss (Waldbahn)

Equipment: bike, appropriate helmet with sports glasses, bike trousers & shirt, outdoor shoes, wind and rain protection, back pack, water bottle or camelbag, snack, service kit, first aid kit, smartphone.

Subject to change!



Opening times:

daily from 8.30am to 5.30pm.

Info & registration:

Tel. +43/5476/53077-20

bikeschule@bikepark-sfl.at

Further info:



The bike school is located directly at the Bikepark Serfaus-Fiss-Ladis. No matter if you are a beginner or advanced biker – there is something on offer for every level of ability. Trained mountainbike guides help to improve your riding technique step by step and show you everything you need to know to master the bike park trails and obstacles ever more precisely – from the right way to brake, basic position, to turning and downhill techniques. The courses are tailored to the individual needs of participants. That way, no matter your requirements, the courses are guaranteed to advance your skill level. But there's more to discover than trails and our bike park. We know the best tours in the area

with the most beautiful viewpoints and huts to stop by for a cosy break. Each programme is individually tailored to the group.

We recommend to book a bike school course in advance, as we cannot guarantee availability during the week. Please note that all times indicated are the course start times. Before the start of the course, we ask you to arrive up to 30 minutes early (up to one hour during peak season). This is necessary for equipment fitting and ticket purchase. Due to availability, it is highly recommended booking the necessary equipment in advance.

Further information is also available at: www.bike-sfl.at/en or in our bike folder (available at our information offices).



SERFAUS-FISS-LADIS. More Activities.

14.10.2023 – 22.10.2023

Caching Park Serfaus-Fiss-Ladis



Our interactive adventure park for elder kids is a transfer of the Geo Caching into a playful form.

- Bear Caching Park Serfaus
- Gold Cache Högsee
- Wo-Bä-Lu Cache in Fiss
- Interactive Village Tour Ladis

You can find all Geo Caching trails in the SFL app.
Simply scan the QR code to download.



Attractions



Summer toboggan runs:

An experience you won't forget: You'll hurtle down towards the valley through bends and also along straight sections where you'll really pick up speed, reaching up to 45km/h.

Schneisenfeger family coaster at the mid station of the Alpkopfbahn in Serfaus | Mon - Sun: 8.15am - 4.45pm

Fisser Flitzer at the Möseralm in Fiss | Mon - Sun: 8.30am - 5pm

Fisser Flieger & Skyswing at the Möseralm in Fiss | Mon - Sun: 8.30am - 5pm

The Fisser Flieger, a flying machine that in a way resembles a hang glider and takes four passengers, accelerates quickly and then speeds away over the Möseralm at over 80 km/h and a ground clearance of up to 47 metres.

At the Skyswing there is a moment you could become addicted to: For one fantastic moment, when centrifugal force and gravity cancel each other out, the feeling of weightlessness grips your body.

Play^{IN} Serfaus & Indoor Arena Fiss



Play^{IN} Serfaus | Open daily from 9.30am to 7pm

This huge indoor playground and climbing paradise directly at the Komperdellbahn cable car bottom station in Serfaus offers everything that children need for entertainment: Play, fun and exercise.

Indoor Arena Fiss | Open daily from 8.30am to 5pm

The Indoor Arena Fiss is located directly next to the Schönjoch cable car bottom station. There is a very unusual 18-lane crazy mini golf course and the game area which features various tabletop games.

Forest Rope Course



Forest Rope Course X-Trees in Serfaus

Opening hours: Mon - Sat from 10am - 5pm

Tel. +43/5476/6202-330

12 parcours with 100 exercises on over 1000 meters in length are available.

Bungee trampoline for 4 people.

Further information: www.x-trees.at

SERFAUS-FISS-LADIS. Culinary Autumn.

03.09.2023 – 22.10.2023

Culinary Autumn in Serfaus-Fiss-Ladis from 03.09. to 22.10.2023

The motto of this year's Genuss Herbst (Culinary Autumn) is „Mushrooms“. Discovering chanterelle (also known as „Eierschwammla“), yellow boletuses and morels, makes the picker's heart beat faster and is a part of the autumn. Learn how they are made into delicious dishes.

Culinary offers (around mushrooms):

11.30am - 9pm Restaurant Praemontan in Serfaus

Various dishes with mushrooms.

Information & table reservation on tel. +43/5476/20077.

Oskar's Schirmbar in Serfaus

To warm up after a beautiful autumn day, there is mulled wine, Jagatee, Oskar's and much more every day.

Family restaurant Sonnenburg Fiss

Leaf salads, cream soup, pizza, Fisser Stroganoff, Tyrolean Herrengroöstl.

Info & reservation on +43/5476/6396-931.

Restaurant Feuer und Flamme in Ladis

Special Culinary Autumn menu with delicious meals and kids menu.

Information and table reservation on tel. +43/5472/22055.



Muiren Lounge in Serfaus

Culinary Autumn breakfast & dinner. Special Culinary Autumn Pinsa.

Information & table reservation on tel. +43/5476/6321.

Restaurant Claudia in Serfaus

Daily fresh pastries from master hands. Game dishes with mushrooms from

from the local forest. Info and reservation under Tel. +43/5476/6271.

Restaurant Möseralm in Fiss

Creamy soup of hay, tartare of mushrooms, saltimbocca of venison, red cabbage-cranberry dumplings. Info & table reservation: tel. +43/5476/6396-911.

DAILY OFFERS

SERFAUS-FISS-LADIS

Culinary Hike - EXERCISE and ENJOYMENT – the motto for the Culinary Hike in Serfaus-Fiss-Ladis.

You can decide the hiking route and refreshment stops in three different restaurants. Please start no later than 11am. Prices: €60 with valid cable car ticket . €76 incl. cable car ticket. Reservation at the cable car ticket offices Serfaus-Fiss-Ladis necessary.

FISS

Mountain Art. Fiss Recreational artist (until 15.10.2023)

Visit our hobby artists and their stand at the Bergdiamant.

Stroll through the artists' market and marvel at the handmade and self-produced objects.

LADIS

Deer feeding in the enclosure on request – get closer to the deer than ever

Costs: Voluntary donation for fodder. Registration required on tel. +43/699/19075813.

SUNDAY, 15.10.2023

SERFAUS

From 9.30am Hut brunch at the Leithe Wirt Restaurant

Timely registration at the cable car ticket offices or directly at the Leithe Wirt.

1pm Live music with „Die Stuanbriggler“ at the Leithe Wirt restaurant in Serfaus

WEDNESDAY, 18.10.2023 - FRIDAY, 20.10.2023

SERFAUS-FISS-LADIS

Golden Fine Arts Festival from 18.10. - 20.10.2023 - More informations on p. 10-11

WEDNESDAY, 18.10.2023

SERFAUS

10am Bread baking course at the Seealm Hög restaurant – Price: € 19,50 per person incl. recipe and tasting.

Practice yourself in the art of bread baking with our kitchen team of the Seealm Hög. Registration until 4pm on the day before directly at the Seealm Hög restaurant or by phone on tel. +43/5476/6203-650.

THURSDAY, 19.10.2023

SERFAUS

10am Cooking course at the Leithe Wirt restaurant – Price: 39.50 € per person incl. recipe and meal.

Our Leithe Wirt kitchen team will cook a delightful 4-course autumn menu with you. Registration until 4pm on the day before directly at the Leithe Wirt restaurant or by phone on tel. +43/5476/6203-702.

SUNDAY, 22.10.2023

FISS

11am Morning pint with „Oberrichtler Tanzmusi“ at the Bergdiamant restaurant in Fiss.

Further information.
Simply scan the QR Code!



SERFAUS-FISS-LADIS. Events.

14.10.2023 – 22.10.2023

SUNDAY, 15.10.2023

SERFAUS

9.30am Hut brunch in the Leithe Wirt restaurant - Registration required: *

1pm Live music with „Die Stuanbriggler“ at the Leithe Wirt restaurant in Serfaus

MONDAY, 16.10.2023

SERFAUS

7.30am Qigong in nature

At Qigong, by means of movement, breathing and meditation exercises, blockages in the energy pathways of the body are to be released in order to get the energy in the body flowing again. Meeting point: at the Muiren. Duration: 1,5 - 2h. Price: € 20 per person. Registration is possible until Sunday 3pm with Hartmut, tel. +43/676/842927700.

8pm Introduction To Heart Meditation with Hartmut Hammerle at the Haus Begegnung

Energy compensation: € 12. Registration is possible until Monday 12noon with Hartmut, tel. +43/676/842927700.

TUESDAY, 17.10.2023

SERFAUS

4pm - 6pm Pfarrmuseum Serfaus opened – Entry: € 4 (free until 16 years)

A guided tour of the Pfarrmuseum Serfaus and pilgrimage church takes place from 6pm - 7pm. Cost: Adults € 6, children € 3. Meeting point: at the parish museum. Registration possible from 4pm to 6pm at the Pfarrmuseum Serfaus

FISS

4pm Village Tour with Siegfried Krismer

Reservation required until Tuesday 12noon at the Info Office Fiss. Tel. +43/5476/6239-12.

WEDNESDAY, 18.10.2023 - FRIDAY, 20.10.2023

SERFAUS-FISS-LADIS

11.30am - 3.30pm Golden Fine Arts Festival from 18.10. - 20.10.2023

Greet the golden autumn at the Golden Fine Arts Festival and discover this majestic, multifaceted time of the year. This Festival offers a wonderful combination of Culinary, musical, and artistic delights. Listen to the wonderful sound of music ringing through the mountains and enjoy spending time with other music enthusiasts.

Locations: Serfaus: Leithe Wirt, Seealm Hög, Lassida | Fiss: Möseralm, BergDiamant, Sonnenburg

You can find information about the music groups on our website www.serfaus-fiss-ladis.at (see QR code on p.11)

WEDNESDAY, 18.10.2023

SERFAUS

2pm Village tour with Thomas Purtscher

Duration: 1.5 hours. Meeting point: Serfaus Info office. Cost: € 5.50 per person, children up to 15 years free. Min. 2 to max. 15 persons. Registration until Wednesday, 12noon at the Serfaus Information office, tel. +43/5476/6239-11.

FISS

7.20am Qigong in nature

At Qigong, by means of movement, breathing and meditation exercises, blockages in the energy pathways of the body are to be released in order to get the energy in the body flowing again. Meeting point: at the Kulturhaus Fiss. Duration: 1.5 - 2 h. Price: € 20 per person. Registration is possible until Tuesday 3pm with Hartmut, tel. +43/676/842927700.

4pm - 6pm Gallery at the church square opened

THURSDAY, 19.10.2023

SERFAUS-FISS-LADIS

1pm Behind the scenes - Registration required: *

What goes on behind the scenes at the cable car stations, and how do cable cars actually work? A guided tour through the trail maintenance equipment workshop provides an insight into the effort involved, and shows how skilled the cable car staff are. Meeting point: Serfaus: 1pm at the Alpkopfbahn mid station, Fiss: 1pm at the ticket office/shop.

SERFAUS

4pm - 6pm Pfarrmuseum Serfaus opened – Entry: € 4 (free until 16 years)

8pm Introduction To Heart Meditation with Hartmut Hammerle at the Haus Begegnung

Energy compensation: € 12. Registration is possible until Monday 12noon with Hartmut, tel. +43/676/842927700

FISS

4pm - 6pm Galerie am Kirchplatz open

SUNDAY, 22.10.2023

FISS

11am - 2pm Morning pint with „Obergerichtler Tanzmusi“ at the BergDiamant restaurant in Fiss

* **Timely registration is essential, either online at www.serfaus-fiss-ladis.at under Event Tickets or directly at the cable car ticket office.**

Serfaus cable car ticket office: Tel. +43/5476/6203 | Fiss-Ladis cable car ticket office: Tel. +43/5476/6396.

SERFAUS-FISS-LADIS. Events.

14.10.2023 – 22.10.2023



Golden Fine Arts Festival

SERFAUS-FISS-LADIS

Golden Fine Arts Festival from 11.10. - 13.10. & 18.10. - 20.10.2023

LIVE-MUSIC | 22 BANDS | CULINARY OFFERS

You can find information about the programme on our website www.serfaus-fiss-ladis.at or simply scan the QR code.



CULINARY AUTUMN in Serfaus-Fiss-Ladis from 03.09. to 22.10.2023

Information on the culinary offerings and the programme can be found on page 9 or with the QR code.



HIKERS' BUS. SERFAUS-FISS-LADIS.

The timetable is available at our information offices and online. We recommend, with regard to sustainability and traffic calming, to use our well-developed gondola network during the day, to commute between the three villages of Serfaus, Fiss and Ladis.

Simply scan the QR code for more information!
www.serfaus-fiss-ladis.at/en/Summer-holiday/Hikers-bus-Parking



OPENING TIMES. SERFAUS-FISS-LADIS.

Simply scan the QR code for more information!

restaurants & cafés:



shops & service providers:



USEFUL INFO

Opening Times Tourist Offices Serfaus-Fiss-Ladis

MO - SA: 8am - 12noon & 1pm - 5pm

Opening Times Doctors

Emergencies even outside of the times.

MED-SERFAUS, Dr. Adolf Köhle

Tel. +43/5476/53000

MO, TU & TH: 8.30am - 11.30am & 2pm - 4pm

FR: 8.30am - 11.30am

FISSMED, Dr. Klaudia & Dr. Christoph Stengg

Tel. +43/5476/6090

MO - FR: 9.30am - 5pm

SA, SU & Holiday: 10am - 5pm

Dr. Robert Stefan, Fiss

Tel. +43/5476/60660

MO, TU, TH & FR: 8.30am - 11.30am

MO & WE: 3pm - 6pm

Important Phone Numbers

Info Office Serfaus: +43/5476/6239-11

Info Office Fiss: +43/5476/6239-12

Info Office Ladis: +43/5476/6239-13

Cable car ticket office Serfaus

+43/5476/6203

Cable car ticket office Fiss-Ladis

+43/5476/6396

Excursion Trips

Monday

Innsbruck – Swarovski Crystal Worlds – €47 per person

After the visit to the Swarovski Crystal Worlds we go the capital city of the Tyrol. There you can see the Goldene Dachl (golden roof), the Hofburg and the old town.

Departure: Serfaus 7.40am, Fiss 7.45am, Ladis 7.50am. Return at approx. 6pm.

Wednesday

Bernina Express – €86 per person

A unique, alpine experience. Join the “Rhätische Bahn” and the impressive world of 4000m high mountains. With stops at Tirano and St. Moritz. (Ride with the Bernina Express: about 2.5 h)

Departure: Serfaus 7.40am, Fiss 7.45am, Ladis 7.50am. Return at approx. 7pm.

Thursday

Dolomites Circular Tour – €77 per person

Via the Reschenpass through the Vinschgau to Bolzano. We continue on the Karerpass, where you will experience the “Dolomitenfeuer”. The return journey leads us via the Brenner and the Europabrücke bridge, past Bergisel and Innsbruck.

Departure: Serfaus 7.30am, Fiss 7.35am, Ladis 7.40am. Return at approx. 7.30pm.

Friday

Merano – Weekly Market – €51 per person

A drive via the Reschenpass and the beautiful Vinschgau and to Merano to the weekly Italian market. There you have 5 hours time to see Merano.

Departure: Serfaus 7.40am, Fiss 7.45am, Ladis 7.50am. Return at approx. 6pm.

Further trips are possible on request.

Info and reservation at:

SFL Taxi

Tel. +43/5476/6700

info@sfl-taxi.at

The information has been compiled with great care. Changes are always possible. However, they do not fall under the responsibility of the publisher. Errors, mistakes and changes reserved.

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SERFAUS-FISS-LADIS.AT

 Österreich

 Tirol

